

### Skill Steps for Responsive Infant Airway Obstruction

If the infant is responsive and cannot cry, breathe, or cough:

1. Give up to 5 back blows (slaps).
  - Hold the infant's head and neck with 1 hand by firmly supporting the infant's jaw between your thumb and fingers.
  - Lay the infant facedown over your forearm with head lower than his or her chest. Brace your forearm and the infant against your thigh.
  - Give up to 5 distinct and separate back blows (slaps) between the infant's shoulder blades with the heel of your hand.
2. Give up to 5 chest compressions.
  - While supporting the back of the infant's head, roll the infant face up.
  - Place 2 fingers of one hand on the breastbone, just below the nipple line.
  - Give up to 5 separate and distinct compressions with your index and middle fingers on the infant's sternum in a manner similar to CPR chest compressions, but at a slower rate.
3. Repeat until foreign body is dislodged.
4. If the infant becomes unresponsive:
  - Call 9-1-1 or emergency phone number to activate EMS system (or send someone to do it).
  - Assess the infant, and begin CPR if needed.
  - Each time you open the airway to give a breath, look for an object in the throat and if seen, remove it.

OR

- Until the object is expelled, and the infant begins to breathe or cough forcefully.

#### Skill Practice Session

- Have participants break up into small groups to practice CPR, rescue breathing, and caring for airway obstruction.
- Review skill steps for infant CPR, rescue breathing, and responsive infant airway obstruction.
- Evaluate participant performance and remediate any problems.